



## UNLAWFUL RECORDING AND SHARING OF VIOLENT CONTENT VIDEOS

Unlawful sharing of private and degrading images\*, audio recordings and videos is a growing problem among children and young people in Norway. Once something has been shared online, it is very hard to delete it.

Sharing of violent content videos via social media can snowball into more violent incidents, and the need for attention can make the violence more serious. With social media, there is virtually no limit to how far such images can spread.



## DID YOU EVER THINK ABOUT ...

the fact that sharing a video of an assault means that you are hurting the victim again?  
the fact that knowing that private and degrading images are being shared online can add to a victim's feeling of violation?



## THE LAW APPLIES, EVEN ON YOUR MOBILE PHONE

Many children and young people do not know the law. Although most people know that recording and sharing violent videos is not OK, some may not know that it is also a crime.



## HAS THIS HAPPENED TO YOU?

- Get help. Talk to an adult you trust.
- Take screenshots and get evidence of what happened.
- If you receive a violent video, do not share it. Delete the video, unless it is needed as evidence.
- Report the matter to the app or the web service.
- If you need advice, contact the police online patrol or the regular police on telephone no. 02800.
- You can find more advice at [slettmeg.no](http://slettmeg.no) and [ung.no](http://ung.no) (in Norwegian only).

## WHAT CAN PARENTS DO?

If they are worried about something that happened online, children and young people must know that they can talk to their parents or other adults they trust. Talk to your children, show understanding, ask questions and tell them about the consequences of violence and sharing of violent videos. This can enable your child to make the right choices.

[politiet.no/deleerlikdelta](http://politiet.no/deleerlikdelta)

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\*Private and degrading images may include images showing someone being subjected to violence, threats or humiliation, or images of a sexual nature.